

INTRODUCTION

As we improve and revise the Brubaker workbook series, we look to the users—patients and professionals—to give us feedback. We have listened and field-tested this edition so it is even better and more versatile than its previous best-selling version.

What's new on the outside?

- A new ring binder that retains the familiar and sturdy cover with the name on the spine so it can be easily identified on a shelf
- Separate sheets of paper that are easily removed so you can take out just one or two exercises
- Heavier paper that is durable but not too heavy to put through a normal copier
- Tabbed dividers to help you locate exercises more quickly and easily
- Large bold print on the dividers to make it easy to flip to the target area of your choice

What's new on the inside?

- Pages that have a new look with clean lines and good visual divisions
- Rewritten directions that are direct and to-the-point
- New and revised exercises—some that were made more challenging and some that were clarified or tweaked to add interest
- Larger and easier-to-read print with more horizontal lines between questions to help those with visual difficulties
- Examples used more judiciously to add to the challenge, for problem-solving, and for new learning

- Larger and bolder page numbers
- Additional margin space, space within and between questions, and improved spacing in the writing areas
- More than 70 pages of entirely new exercises
- More than 1,000 questions revised to be more contemporary and engaging
- More complete and usable *CLUES* section
- Better-placed exercises in target areas that reflect their focus
- Two user's guides—one for the exercises and one for the *CLUES*—added to give instructions and helpful suggestions
- Suggestions for Strategies added to assist users in working through the exercises added in the *CLUES* section
- Assignments page added to help users keep track of what has to be done and provide a useful record of progress over time
- Revised copyright statement that grants you permission to legally copy exercises for your personal use or for that of a patient

We believe we have encompassed the best of your ideas and the best of the original book that has become so popular. We hope you agree that this revised and updated edition is a much-improved tool to help you the user or you the clinician achieve your goals.

Thank you for your continued support of Brubaker books, your feedback, and your dedication to using our treatment materials to stimulate the brain, provide practice, a challenge, and perhaps even a chuckle or two.